



# Medication Therapy Management Core Elements of an MTM Service (Version 2.0)

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# Medication Therapy Management Services: Pharmacy Consensus Definition

- Three inseparable elements:
  - Primary Definition: services that **optimize therapeutic outcomes for individual patients...**
  - Professional Service Components: MTM encompasses **a broad range of activities** and responsibilities within a pharmacist's scope of practice...
  - Program Requirements: MTM Programs shall include (**core criteria for an MTM program**)...



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# “Baseline” MTM Service Model

- APhA/NACDS: *Medication Therapy Management in Pharmacy Practice: **Core Elements of an MTM Service** – Version 2.0*
  - Medication Therapy Review (MTR)
  - Personal Medication Record (PMR)
  - Medication-related Action Plan (MAP)
  - Intervention and/or referral
  - Documentation and follow-up
- Based on the profession’s MTM Definition



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# What's New in Version 2.0

- Core elements remain the same
- Broad focus on pharmacy practice
  - Advisory panel members represent different practice settings
  - Marghie Giuliano – NASPA representative
- Increased emphasis on patient transitions of care
  - Advocates for PMR as important tool
- Stronger emphasis on collaboration with physicians and other health care providers
- Stronger emphasis on patient empowerment to self-manage medications
- Stronger clarification of documentation components
- Revision of PMR and MAP to be more “patient friendly”



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# MTM Core Elements: Medication Therapy Review

- Model core elements document advocates for:
  - Annual Comprehensive Medication Therapy Review (MTR) designed to improve patients' self-management of medications
    - Patient presents all medications including nonprescription, herbal, and other dietary supplements
    - Additional comprehensive MTRs needed when patient experiences a transition of care
  - Targeted Medication Therapy Reviews to address new medication problems or for medication therapy monitoring/follow-up



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# Personal Medication Record (PMR)

## MY MEDICINE RECORD

*Always carry your medicine record with you and show it to all your doctors, pharmacists, and other health care providers*

Name: \_\_\_\_\_

Birth date: \_\_\_\_\_

<b>What is the name of my medicine?</b> <small>include prescription and non-prescription medicines, herbal products and dietary supplements</small>	<b>What does it look like?</b> <small>color, shape, size, markings</small>	<b>How much do I use?</b>	<b>How do I use it? When do I use it?</b>	<b>When did I start using it? Stop?</b>	<b>Why am I using it?</b>	<b>Who told me to use it? How do I contact them?</b>

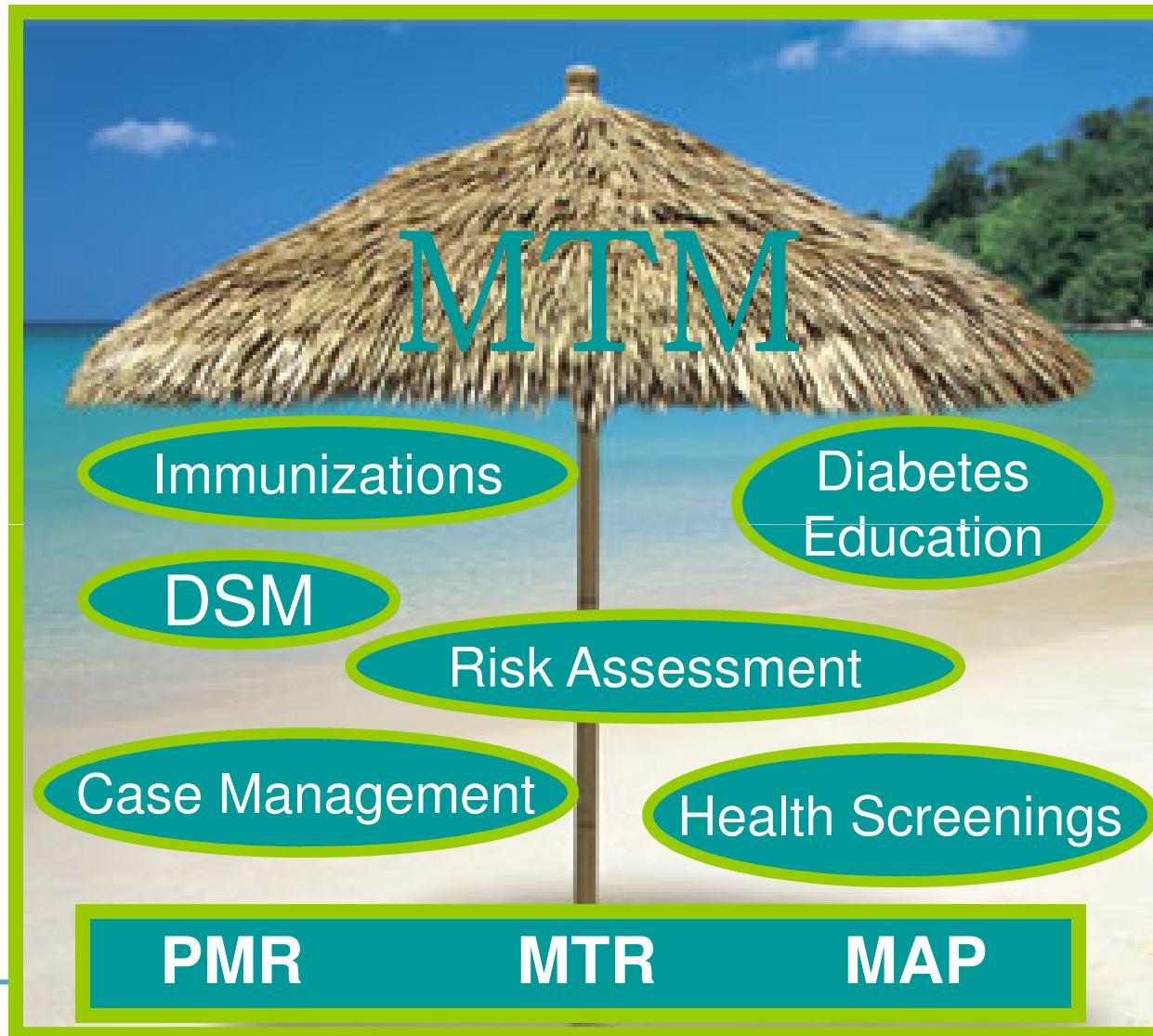
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# Core Elements Applicability



Acknowledgement: Rebecca Chater, Kerr Drug



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# Questions?

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**MTM Resource Center**

[www.pharmacist.com/mtm](http://www.pharmacist.com/mtm)



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